



Between Sundays: Reflection Questions & Next Steps

August 7, 2016

“God Knows My Fear...Will I Name Them?”

1. What are you really afraid of?

2. What have been some of the consequences you have experienced when fears have been indulged?

3. John asked this question: Will I be defined by my fears or will I discover God's grace and power in the midst of them? How does this question intersect with your life...and fears?

4. God's word and the example of the Apostle Paul give us solid and practical steps to walk in dealing with our fears.
 - a. Acknowledge our fears: 2 Corinthians 7:5 - Paul is unashamed to admit to 'fears within'. What holds you back from a free admission? Please, be as specific as possible.
 - b. What are recurring fears in your life that can consume your energy and time, leaving you weary and anxious?

 - c. Receiving God's Gracious Help: 2 Corinthians 7:6-7 - Paul humbly receives God's help through a dear friend, Titus. How has God helped you face and address your fears? Through what means and through who?

 - d. Let these Scriptures encourage you and strengthen your faith: Hebrews 4:13, Psalm 103: 13-14, Psalm 5:1-2

5. What one insight has made an impression on your heart and mind from this message and study questions?