



**BETWEEN SUNDAYS:
STUDY QUESTIONS**
October 30, 2016
"Able To Be Real"

CONNECT

1. If you knew you had only a few weeks left to live, who would you write to and what would you say?
2. Recall a time when someone *refreshed* you. What did they do that lifted you? Please share.

ENGAGE

1. Read *2 Timothy 1:15-18*.
What dynamics in your heart or life tend to hinder you from searching hard for others and being present to them in their time of need?
2. *Reflect on this thought.*
God calls us to "walk in the light." When we do, God promises that we will have true fellowship with other believers. This fellowship is what we call 'community,' a vital and intimate relationship with others. This kind of relationship involves: authenticity, transparency, honesty, and vulnerability.
3. Read *1 John 1:5-9*.
What do you think it means to say that "God is light?" What does it mean to "walk in the light" (vs. 7) as opposed to "walk in darkness" (vs. 6)? What are the results of walking in the light? How can our being honest before God and others build stronger relationships?
4. Are you honest with others? If not, what keeps you from being honest?
5. Are you a SAFE person...where others can be real with you? If so/ if not, why is it that the case?
6. Read *Ephesians 4:25-5:2*.
In this passage, Paul discusses some related attitudes he saw as essential for a Christian community. What attitude or admonition does God seem to be underscoring for you?

APPLY

1. Spend a few moments in quiet asking God to place on your heart the name of a person whom He wants you *to lift*? Talk to Him about the emotion you feel with that prompting.
2. Consider sharing with a trusted friend about one of the attitudes in Ephesians 4 where God is calling you to grow.